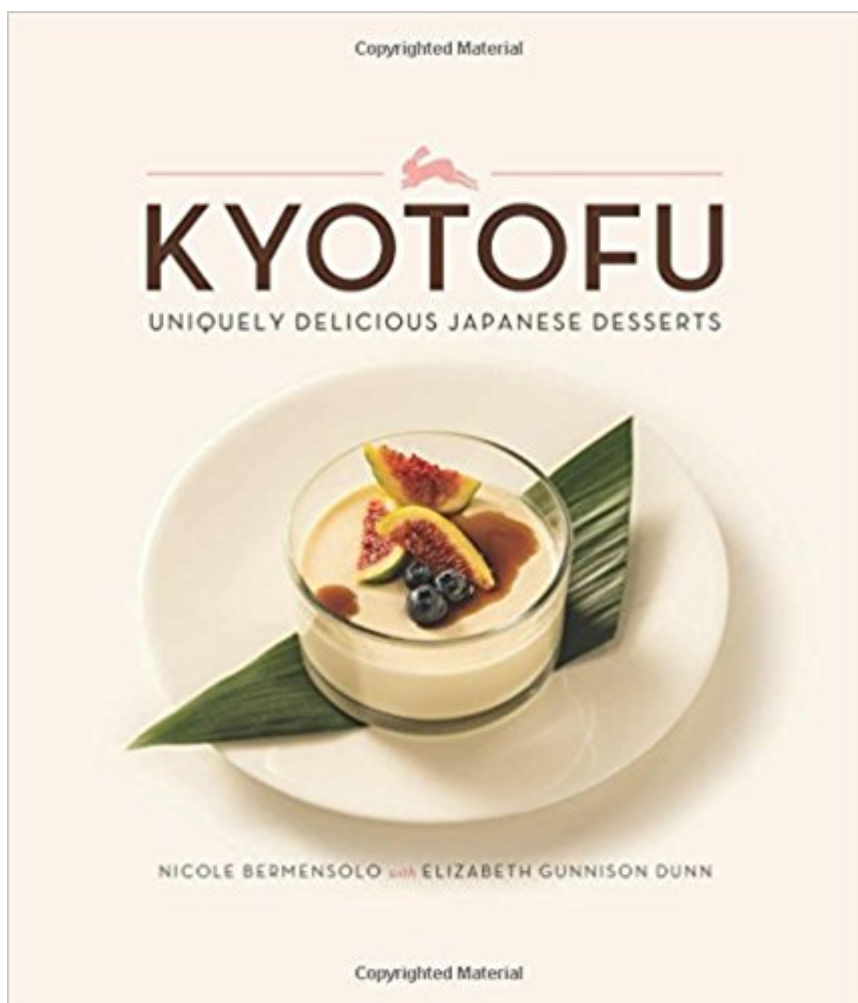


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Kyotofu: Uniquely Delicious Japanese Desserts



Synopsis

Japanese ingredients have long been known for their distinctive tastes and healthy qualities. From the tang of yuzu to the bite of matcha to creaminess of soy, they present a wide range of delicious flavors. In *Kyotofu*, award-winning baker, Nicole Bermensolo, presents 75 classic American sweets, like cheesecake, brownies, and muffins, combined with Japanese ingredients to create one-of-a-kind desserts. Try recipes like Green Tea White Chocolate Cupcakes, Black Sesame Caramel Mousse, Kinako Waffles, and Nashi Pear Crumble. Perfect for beginners to Japanese cooking, *Kyotofu* is divided by Japanese ingredient, includes a glossary of foreign terms, and suggests where to buy less familiar products. Plus, for those who want a healthier dessert, all the recipes can be made completely gluten-free thanks to Nicole's cup-for-cup flour recipe.

Book Information

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Customer Reviews

“Where the book really shines, is when it presents ingredients not usually thought of as being dessert friendly; think tofu and miso; and introduces them into recipes that Western readers all know and love. With helpful advice on where to shop and what to buy, this book offers a cornucopia of recipes to liven up classic Western desserts” --Publishers Weekly

Nicole Bermensolo founded *Kyotofu Bakery* in 2006, one of the most popular bakeries in New York City. As business grew, Nicole closed the bakery in order to focus exclusively on wholesale operation. She currently runs *Kyotofu* and *Hana Kitchens*, selling her products nationwide. Nicole lives in New York City.

Kyotofu was a very unique Japanese desert bar in NYC that closed down. They were known for gluten free and vegan desserts using traditional Japanese ingredients. They later shut down their restaurant to focus selling their desserts to large grocery chains and then later mysteriously shut down all operations. For those who miss their desserts will be very pleased with the receipes in this book- they are true to the ones from the restaurant and in stores. They have two types of the matcha fudge and several creations of their muffins and gluten free muffins. They have also included their famous miso brownies. Many of these are super easy to make however it's best to be near a Asian grocer to get majority of the main ingredients.

Yummy photos and recipes. Highly recommend for anyone who loves Asian cooking with a twist.

The recipes in here are gorgeous. I wish I could have visited the cafe while it was still in business.

I visited the bakery and restaurant on 9th ave, miss it a lot. This is good consolation with relatively easy recipes and super results.

Really nice book. Recipes organized by the main ingredient which is nice.

Good

Great recipes, but most ingredients are impossible to find in Tennessee.

Fantastic book! Every recipe we have tried has been deliscious.

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